

APPAREL SIZING CHARTS



LA SPORTIVA SKIMO – MOUNTAIN RUNNING® – CLIMBING – CLIMBING TRAINING – X-CURSION SIZING

MAN SIZING CHART (cm)

| EU | S/46 | M/48 | L/50 | XL/52 | XXL/54 |
|--------------------------------------------------|---------|---------|---------|---------|---------|
| USA | XS | S | M | L | XL |
| TOTAL HEIGHT | 171-174 | 175-178 | 179-182 | 183-185 | 186-188 |
| CHEST | 92-96 | 97-101 | 102-106 | 107-111 | 112-116 |
| WAIST | 80-83 | 84-87 | 88-91 | 92-95 | 96-99 |
| HIP | 95-98 | 99-102 | 103-106 | 107-110 | 111-114 |
| LEG LENGTH (outer side length until hip bone) | 103-104 | 105-106 | 107-108 | 109-110 | 111-112 |

WOMAN SIZING CHART (cm)

| EU | 40/34 | 42/36 | 44/38 | 46/40 | 48/42 |
|--------------------------------------------------|---------|---------|---------|---------|---------|
| USA | XS | S | M | L | XL |
| TOTAL HEIGHT | 161-164 | 165-168 | 169-172 | 173-175 | 176-178 |
| CHEST | 85-88 | 89-92 | 93-96 | 97-100 | 101-104 |
| WAIST | 63-66 | 67-70 | 71-74 | 75-78 | 79-82 |
| HIP | 92-95 | 96-99 | 100-103 | 104-107 | 108-111 |
| LEG LENGTH (outer side length until hip bone) | 95-97 | 98-100 | 101-103 | 104-105 | 106-107 |

LA SPORTIVA RACE SIZING

MAN SIZING CHART (cm)

| EU | S/46 | M/48 | L/50 | XL/52 | XXL/54 |
|--------------------------------------------------|---------|---------|---------|---------|---------|
| USA | XS | S | M | L | XL |
| TOTAL HEIGHT | 171-174 | 175-178 | 179-182 | 183-185 | 186-188 |
| CHEST | 93-96 | 97-100 | 101-104 | 105-108 | 109-112 |
| WAIST | 79-81 | 82-84 | 85-87 | 88-90 | 91-93 |
| HIP | 95-97 | 98-100 | 101-103 | 104-106 | 107-109 |
| LEG LENGTH (outer side length until hip bone) | 103-104 | 105-106 | 107-108 | 109-110 | 111-112 |

WOMAN SIZING CHART (cm)

| EU | 40/34 | 42/36 | 44/38 | 46/40 | 48/42 |
|--------------------------------------------------|---------|---------|---------|---------|---------|
| USA | XS | S | M | L | XL |
| TOTAL HEIGHT | 161-164 | 165-168 | 169-172 | 173-175 | 176-178 |
| CHEST | 83-86 | 87-90 | 91-94 | 95-98 | 99-102 |
| WAIST | 60-63 | 64-67 | 68-71 | 72-75 | 76-79 |
| HIP | 91-94 | 95-98 | 99-102 | 103-106 | 107-110 |
| LEG LENGTH (outer side length until hip bone) | 95-97 | 98-100 | 101-103 | 104-105 | 106-107 |

LA SPORTIVA CLIMBING PRO SIZING

MAN SIZING CHART (cm)

| EU | S/46 | M/48 | L/50 | XL/52 | XXL/54 |
|--------------------------------------------------|---------|---------|---------|---------|---------|
| USA | XS | S | M | L | XL |
| TOTAL HEIGHT | 173-176 | 177-180 | 181-184 | 185-187 | 188-190 |
| CHEST | 92-96 | 97-101 | 101-105 | 106-110 | 110-113 |
| WAIST | 79-81 | 82-84 | 85-87 | 88-90 | 91-93 |
| HIP | 95-97 | 98-100 | 101-103 | 104-106 | 107-109 |
| LEG LENGTH (outer side length until hip bone) | 104-105 | 106-107 | 108-109 | 110-109 | 110-112 |

WOMAN SIZING CHART (cm)

| EU | 38/32 | 40/34 | 42/36 | 44/38 | 46/40 | 48/42 |
|--------------------------------------------------|---------|---------|---------|---------|---------|---------|
| USA | XXS | XS | S | M | L | XL |
| TOTAL HEIGHT | 157-160 | 161-164 | 165-168 | 169-172 | 173-175 | 176-178 |
| CHEST | 79-82 | 85-88 | 89-92 | 93-96 | 97-100 | 101-104 |
| WAIST | 56-59 | 63-66 | 67-70 | 71-74 | 75-78 | 79-82 |
| HIP | 87-90 | 92-95 | 96-99 | 100-103 | 104-107 | 108-111 |
| LEG LENGTH (outer side length until hip bone) | 91-93 | 95-97 | 98-100 | 101-103 | 104-105 | 106-107 |

LA SPORTIVA KIDS SIZING

KIDS SIZING CHART (cm)

| EU | 110 cm / 4 years | 120 cm / 6 years | 130 cm / 8 years | 140 cm / 10 years | 150 cm / 12 years |
|--------------------------------------------------|------------------|------------------|------------------|-------------------|-------------------|
| USA | 110 cm / 4 years | 120 cm / 6 years | 130 cm / 8 years | 140 cm / 10 years | 150 cm / 12 years |
| TOTAL HEIGHT | 100-110 | 110-120 | 120-130 | 130-140 | 140-150 |
| CHEST | 57-60 | 61-64 | 65-68 | 69-72 | 73-76 |
| WAIST | 53-55 | 56-58 | 59-61 | 62-64 | 65-67 |
| HIP | 59-62 | 63-66 | 67-70 | 71-74 | 75-78 |
| LEG LENGTH (outer side length until hip bone) | 63-68 | 69-74 | 75-80 | 81-86 | 87-92 |